



# Fire Up Your Feet

## WALK/ROLL FAMILY CHALLENGE

Form a team and challenge yourselves to walk, bike, scooter or skateboard for transportation!

*Walk or roll to/from:*

school  the store  a friend's house  
the park  the movies

*...or anyplace that replaces an automobile trip!*

Record your minutes and turn in your tracking sheet at the end of the challenge month to be eligible for prizes!

### Challenge Dates:

