

**Support more participation, fun and community on our next Walk & Roll to School Day
and
Help Lead a Walk & Roll Community Meet Up Group!**

We are looking for a few community-minded parents who would be willing to be a **“Walk & Roll Leader”** at a Community Meet Up Spot for our Walk & Roll to School events this Spring!

What is a Community Walk & Roll Meet Up?

It is a location anywhere from 1/4 mile-1 mile from the school where parents and kids meet-up at a designated time, to walk &/or roll to school together in a bigger, supportive group. There is both fun and safety in numbers! *Parents who bike lead a “Bike Train” and parents who walk lead a “Walking School Bus.”* Meet-up spots can be for just walking, just bicycling, or a combination.

What is a Walk & Roll Leader responsible for?

- Show up at Meet-up location about 5 minutes in advance of the designated meet-up time, ready to walk & connect with other parents & kids who join the group.
- Greet and welcome parents and kids as they arrive.
- Before it's time to depart on the walk or bike ride, and remind everyone of good walking or bicycling practices (i.e. staying on sidewalks for walkers, looking both ways, single file for bicyclists, not weaving in and out of vehicles, etc)
- If any kids do not have a parent with them, make sure there is an adult keeping an eye them, whether it's you or another adult who is present.
- Model good walking or bicycling behavior, be friendly and welcoming to all
- Alert parents or the school if any issues arise on the walk or roll

When: We have two Walk & Roll Events planned this Spring!

- (insert day of week) March (insert date): Go Green! Walk & Roll to School Day
- Wednesday May 6th: National Bike to School Day!

Where:

We have identified the following possible Community Meet Up Spots. But if you have a spot you'd like to lead a walk or bike ride from, let us know!

- Meet Up Location #1, Distance from school, approx. time it would take to walk to school from that location

- Meet up Location #2, Distance from school, approx. time it would take to walk to school from that location
- Your Own Neighborhood – Route & timing TBD!

How? Please contact (insert name/contact info for contact) if you are willing to be a Leader (or team up with a friend and co-lead!) at any of these spots on one or more of the above dates!

If you are interested in being a Walk & Roll Leader at another location that we haven't listed above, let us know! We are open to the locations that work best for our leaders and community!

Why: So many reasons! Research shows that kids who bike or walk to school are happier and healthier. Drop off line is not awesome. Local air pollution is even less awesome. Every car-less trip is a win! The more kids walk & roll, the more comfortable they will get.

A half-mile walk route or one mile bike route is approximately a 10 minute trip for a group of kids, depending on age & speed