

METROPOLITAN
TRANSPORTATION
COMMISSION

2024

MARCH '24

SAFE ROUTES TO SCHOOL PROGRAM



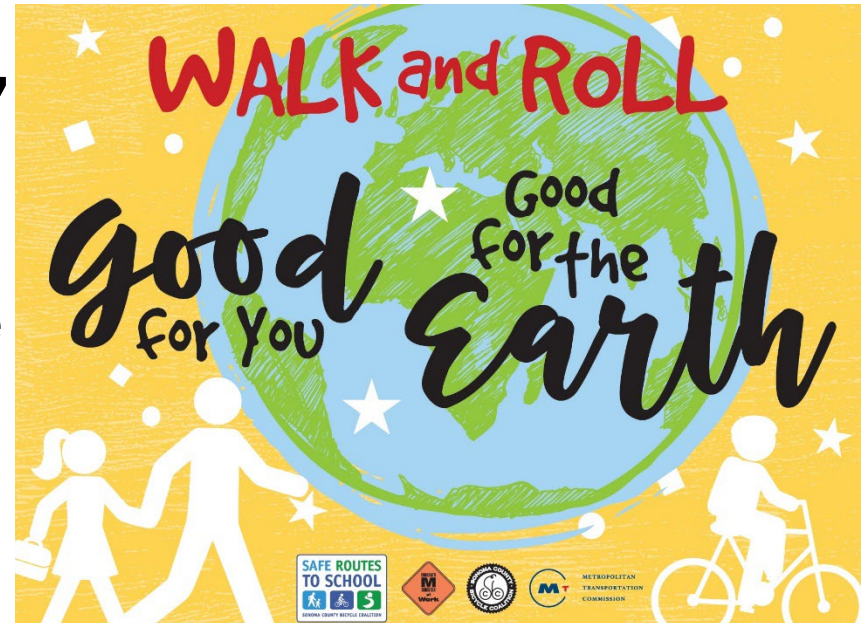
SAFE ROUTES TO SCHOOL GOALS

More students/families walk, bike, scoot, skate for transportation

Kids/families know how to be safe while doing so

Barriers to active transportation are identified & engineering improvements are made

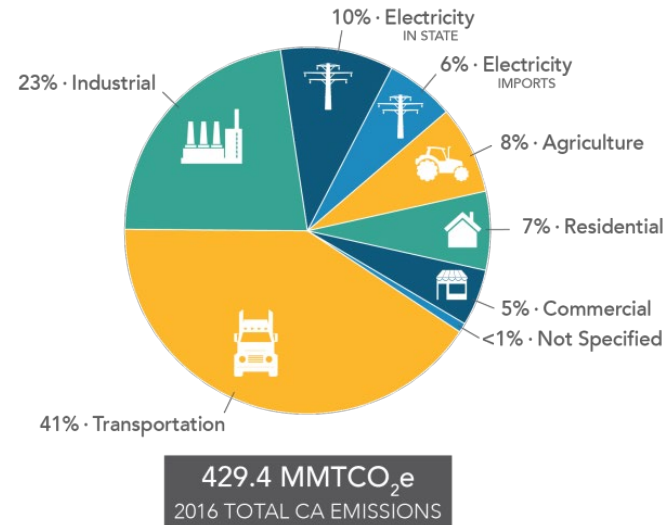
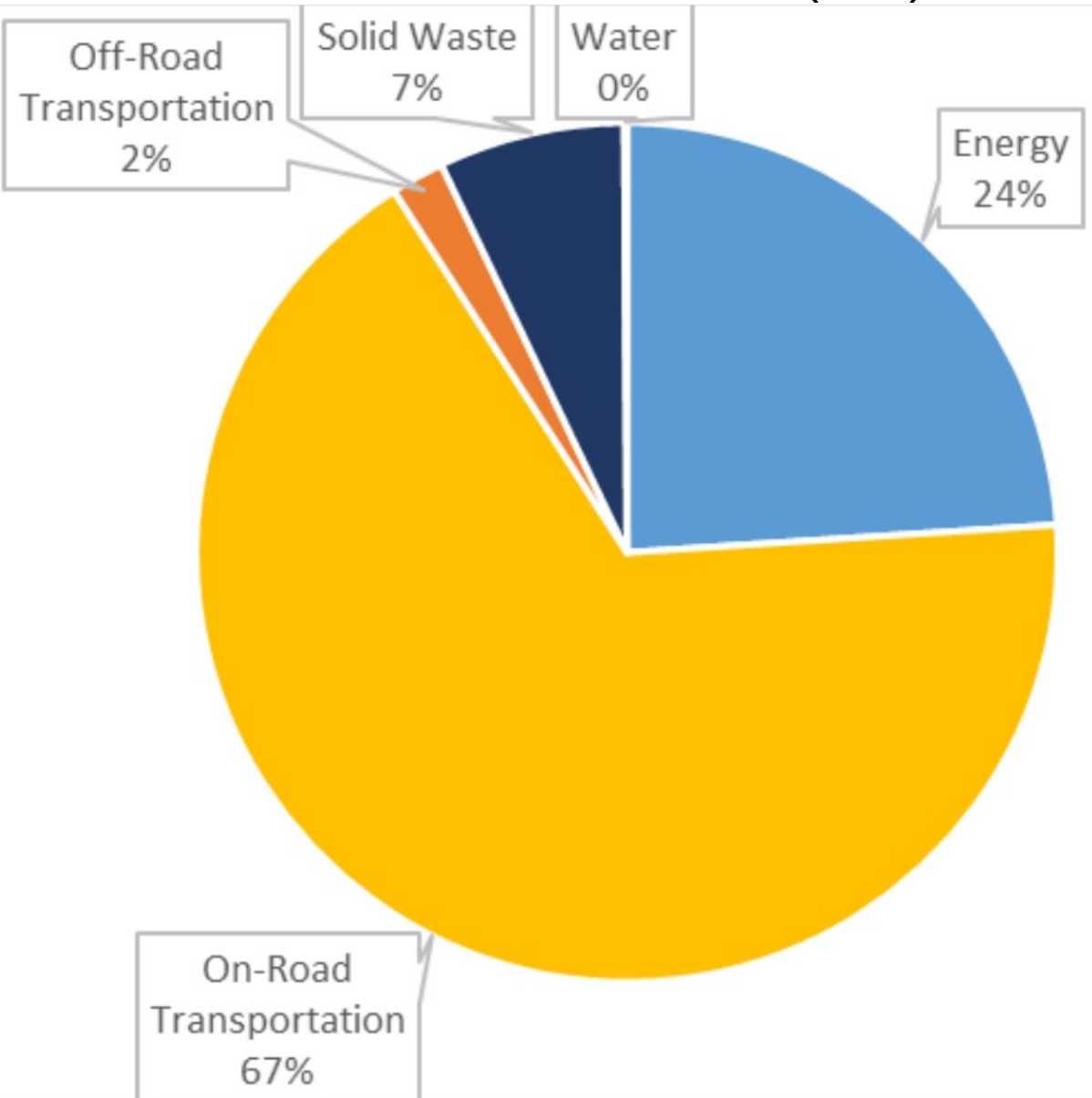
Community is more connected and aware of the benefits of SRTS to their health & the environment.



WHY SRTS?

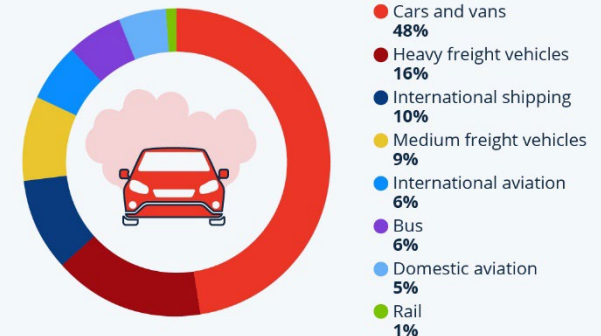
PETALUMA & CALIFORNIA TOTAL ANNUAL GHG EMISSIONS

(2018)



Cars Cause Biggest Share of Transportation CO₂ Emissions

Estimated share of CO₂ emissions in the transportation sector worldwide in 2022, by transport type



Source: IEA, Statista



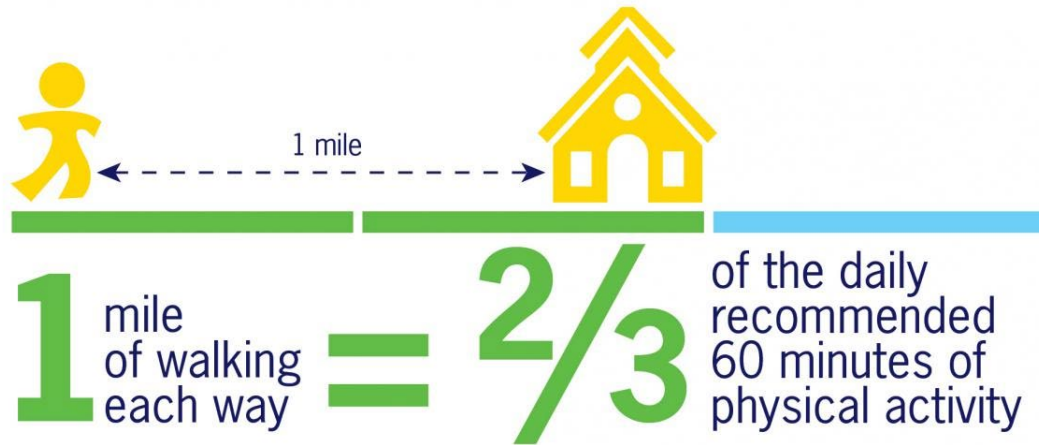
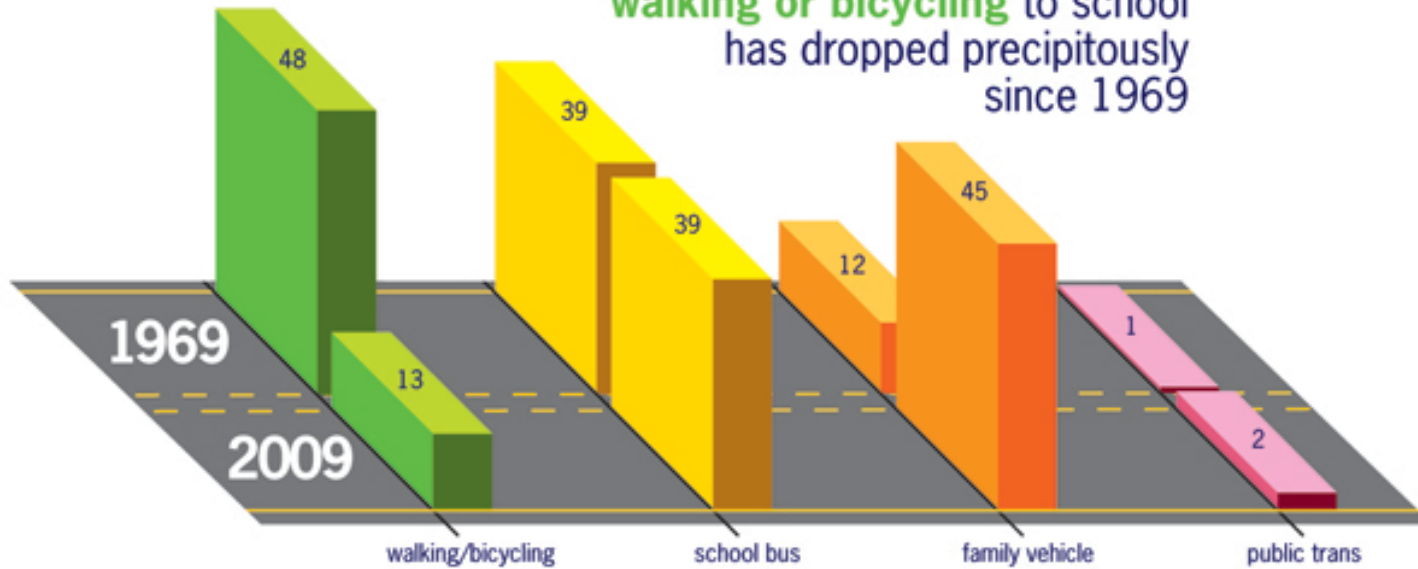
IT'S NOT SURPRISING....



In 2000, more than 220 million cars are on the roads, this is more than one car per person over the age of 18!

ALSO....

The percentage of children walking or bicycling to school has dropped precipitously since 1969





Walk &
Why We Ride

Why biking is awesome!
& walking too!

How does Walk/Roll help you?

How does Walk/Roll help the world?

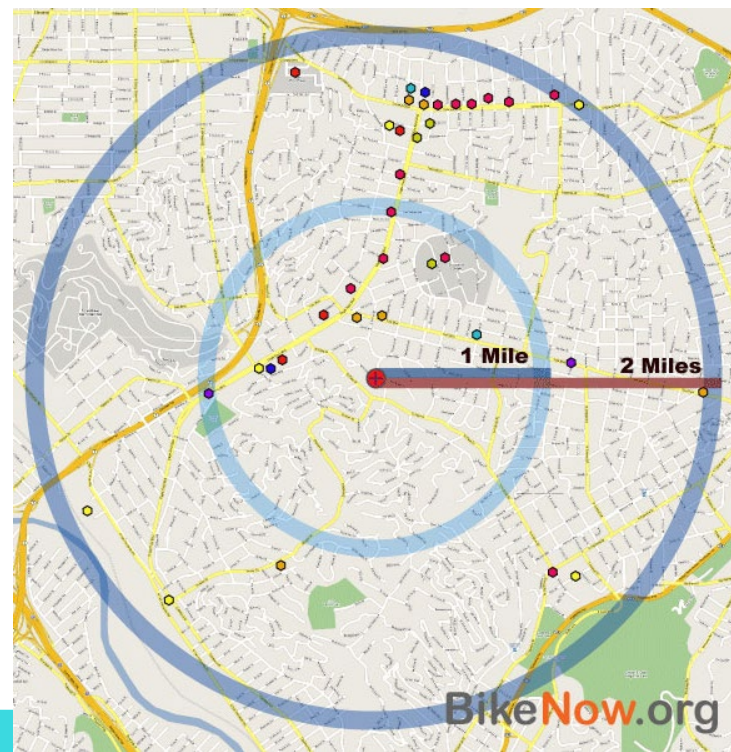


Fit Biking or Walking Into Daily Routines

Nationwide, 40% of all trips are under 2 miles!

Think of all the places that are within about 2 miles of where you live!

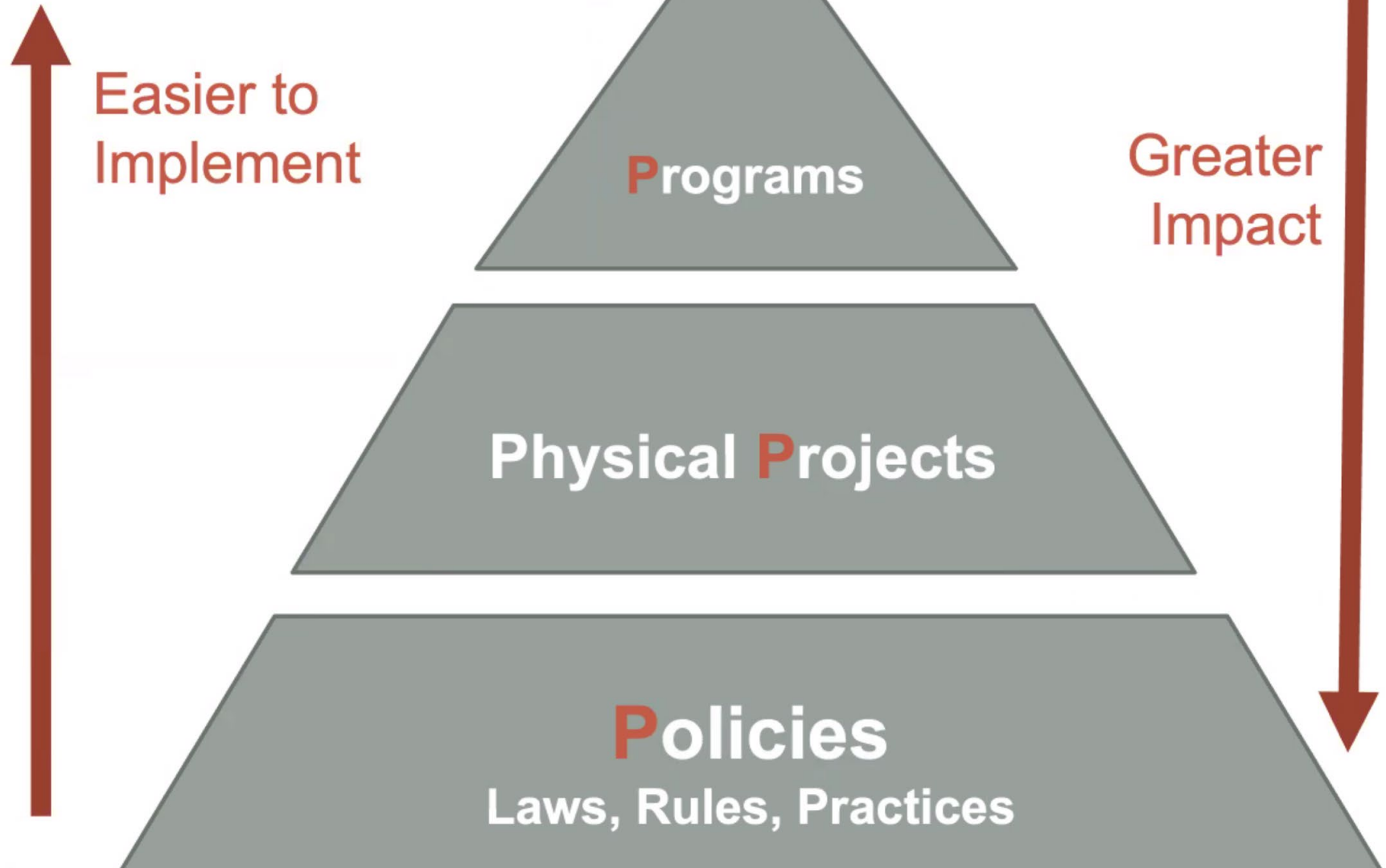
- ✓ *Post office*
- ✓ *Grocery store*
- ✓ *Ice cream shop*
- ✓ *Library*
- ✓ *Park*
- ✓ *School*
- ✓ *Favorite café/restaurant*
- ✓ *Friend's house*



HOW DO WE CREATE A WALKABLE/BIKEABLE COMMUNITY?



Three Ps for change:



SRTS ACTIVITIES IN PETALUMA – MARCH 24

3/1 & 3/8: Loma Vista 4th Grade Bike Basics lessons

3/14 – SRTS Walk Audit at Loma Vista

3/15 & 30: McKinley 4th Grade Bike Basics lessons

3/20 & 3/27: The Spring Hill School 3-4-5th Grade Bike Basics Lessons

3/20: Petaluma Junior High School after-school “Mentorship” ride

3/20: Loma Vista 2nd Grade Ped Safety/Safety Walk lesson

3/21 & 3/28: McDowell 4th Grade Bike Basics Lessons

3/22: “Fix it” Night at Valley Vista Elem (with Petaluma Wheelmen)

3/20: Valley Vista PTA Meeting

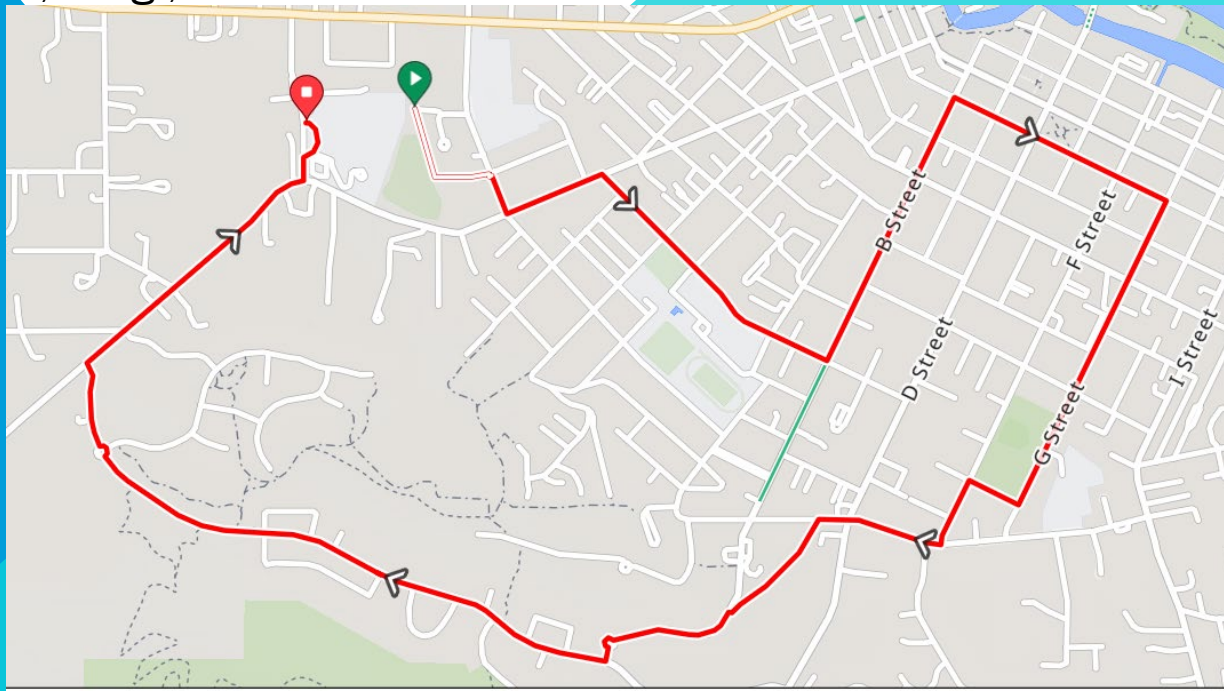
3/20: Pre-Rodeo planning meeting at McDowell

3/21: McDowell PTA Meeting

PETALUMA JR HIGH AFTER-SCHOOL RIDE 3/20/24

“I loved the challenge of the ride! We went into town and then we took some side paths and even went by an entrance to Helen Putnam. I learned a lot about where to ride in the road and how to take my turn getting through intersections. Are you going to host this ride again?”

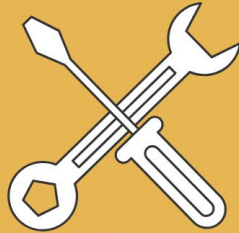
-Andrew, 8th gr, PJH student



VALLEY VISTA PTA & SAFE ROUTES TO SCHOOL

FIX-IT NIGHT

Bring your broken toys, puzzles, dolls, etc.
Volunteers will help make repairs
& show you how you can too!



Bring your bike for repairs including:

- *Minor adjustments/tune ups
- *Pumping tires
- *Fixing flats

Mechanics will make repairs & answer questions about
bike maintenance.
First Come/First Serve

Mechanics will have tools & some spare parts (i.e. tubes)
If you have the part your bike needs, please bring it.

Safe Routes to School Educators will be there to support
& answer questions about biking to school in your
community.

Families are welcome to bring dinner

FRIDAY, MARCH 22ND
4:30PM-6:30PM IN THE MULTI

If you would like to volunteer to help fix broken toys, etc., please
contact VVVikingPTA@gmail.com

WALK AUDIT/SRTS SITE ASSESSMENTS

- McDowell Elementary – 11/30/23
- McKinley Elem/Live Oak Charter - 1/16/24
- Petaluma High School – 2/8/24
- Loma Vista Elementary – 3/14/24
- **La Tercera Elementary – 4/16/24**
- **Miwok Elementary – 4/30/24**
- Casa Grande High School – 6/3/24



CELEBRATE



WALK & ROLL



FOR THE EARTH



MONTH

SAFE ROUTES TO SCHOOL

WALK & ROLL TO SCHOOL DAY
FIRST WEEK OF

APRIL

SAFE ROUTES TO SCHOOL

CELEBRATE

WALK & ROLL FOR THE EARTH! APR



TAKE ACTION!



Win a \$25 gift CARD to a LOCAL EATERY

TAKE ACTION IN OUR GREEN EARTH CHALLENGE



Win a \$25 gift CARD TO A LOCALLY OWNED EATERY



METROPOLITAN TRANSPORTATION COMMISSION



FOR ACTIVITIES & TO ENTER, VISIT:

sonomasaferroutes.org

CURRENT & UPCOMING MONTHLY CHALLENGES



green earth CHALLENGE



Complete **TWO** or more of our green earth actions to celebrate earth month! Actions can be done at any time during the month of April, but we encourage one per week on the weeks specified below.

STUDENT NAME _____
 SCHOOL _____
 HOME ROOM TEACHER _____ GRADE _____

Send this sheet, noting completed actions to SRTS via email to saferoutes@bikesonoma.org, or via mail to SRTS, PO Box 3088, Santa Rosa, CA 95402. Entries received by Monday, May 6th will be entered into a drawing to win!

WEEK 1

inspire! with CHALK ART

Chalk out drawings to inspire kids and families to Walk & Roll! Chalk the sidewalk on your route to school or anywhere, or chalk on a blacktop! Draw pictures of the earth, bikes, sneakers, squiggly or straight lines to follow or jump over, spirals or squares to spin or hop on, inspirational messages and/or more. Endless possibilities! Let's begin the month of April with a Chalk-Art-Extravaganza! *Optional: Take a picture of your Chalk Art and send to SRTS for a Bonus entry.*

Date Done _____
 Sent to SRTS? Yes _____ No _____

WEEK 2

Clean Up! a WALK/ROLL ROUTE

Grab two bags, one for trash and one for recyclables. Gloves and/or a pick-up stick are also great to have. On your walk, clear out litter from the paths, sidewalks, gutter, or nearby areas. Take all necessary precautions, be extra careful near roads and avoid sharp or unknown objects. Be sure to properly dispose of all litter! *Optional: Take a picture of the litter collected and send to SRTS for a Bonus entry.*

Date Done _____
 Sent to SRTS? Yes _____ No _____

WEEK 3

think of! reasons to WALK & ROLL

Make a list of as many reasons you can think about, of why it's good for the Green Earth AND/OR for you or anyone to walk or roll to school and/or in your neighborhood. Can you come up with more than 5 reasons? More than 10? How about more than 20? Send your list to SRTS if you can!

Number of reasons _____
 Sent to SRTS? Yes _____ No _____

WEEK 4

take action! SHARE CONCERNS ABOUT A ROUTE

Write a letter to Safe Routes to School to let us know about a road/path or intersection that you think needs improvement, describing what feels unsafe and what you'd like improved. Send your letter to SRTS if you can! *We will share letters with local city staff and elected officials.*

Date Done _____
 Sent to SRTS? Yes _____ No _____



METROPOLITAN
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sonomasaferroutes.org
SAFE ROUTES TO SCHOOL

@sonomacountysaferroutes

CURRENT & UPCOMING MONTHLY CHALLENGES



MARCH of the PENGUINS

Track your miles this March while learning about penguins and/or California or western birds. **Can you make it to Antarctica?** How about to and from? Turn in your tracking sheet to Safe Routes to Schools by Friday, April 5th for a chance to win a pair of binoculars!

MILES TO ANTARCTICA FROM CALIFORNIA: ~8900
How to achieve "Penguin Miles" to Antarctica:

- 1 mile of walking/biking = 200 Penguin Miles
- New bird observation = 100 Penguin Miles
- Read a book about penguins or California/western Birds = 100 Penguin Miles (each book)
- Watch the documentary *March of the Penguins* (Apple TV) or *The Sub-Zero World of Penguins* (YouTube) = 100 Penguin Miles (each movie)
- Watch the YouTube Videos "California Birds" Episodes 1 &/or 2 (each video) (or another documentary on California or western Birds) = 100 Penguin Miles

PENGUIN MILES TRACKER

of miles you walked or rolled to school or anywhere each day in March, plus observations and books/documentaries (attach extra sheets if needed)

MILES OF WALKING/BIKING			BIRD OBSERVATIONS		
DAY/WEEK OF MONTH	# OF MILES	PENGUIN MILES (# of miles x 200)	DESCRIPTION	BIRD TYPE? (take a guess!)	PENGUIN MILES (100 per bird)
Ex. 3/3 or week of 3/3-3/9	1.5	300	Ex. Big, all black, loud cow	crow	100
TITLE OF BOOK READ (100 each)	PENGUIN MILES	TITLE OF DOCUMENTARY WATCHED (100 each)	PENGUIN MILES		
TOTAL PENGUIN MILES		TOTAL PENGUIN MILES			



METROPOLITAN TRANSPORTATION COMMISSION



STUDENT NAME _____
 SCHOOL _____
 HOME ROOM TEACHER _____ GRADE _____

Submit completed Penguins Mile Tracker via email to saferoutes@sbikesonoma.org, or via mail to SRTS, PO Box 3088, Santa Rosa, CA 95402. Entries received by Friday, April 5th will be entered into a drawing for binoculars!

sonomasaferroutes.org
 @sonomacountysaferroutes

BIKE TO SCHOOL DAY: WEDNESDAY MAY 8th



CELEBRATE NATIONAL

Bike To School Day



With

SAFE ROUTES
TO SCHOOL



WED, MAY 8

BIKE...OR WALK,
SCOOTER OR SKATE!

Prizes!

CELEBRATE SONOMA COUNTY

Bike To School MAY 8 Day

Prizes!

FOR KIDS WHO BIKE, WALK, SCOOT OR
SKATE TO PARTICIPATING SCHOOLS



*alternative dates may be scheduled at some sites

WALK & ROLL To School Day

NATIONAL BIKE TO SCHOOL DAY!

WEDNESDAY

MAY 8th



METROPOLITAN
TRANSPORTATION
COMMISSION



TO PARTICIPATE, VISIT:

sonomasaferroutes.org

BIKE SAFETY

QUICK tips

Check the air, brakes & chain
before riding your bike



Wear and fasten your **helmet**

★ Be **visible**: Wear bright clothing
(and use your hand signals)

Communicate: Make eye contact and use
your hand signals

Be **predictable**: Ride in the same direction
as traffic and follow the rules of the road

PETALUMA SCHOOLS STATUS AS OF 3/21/24



REGISTERED for 2024 EVENT

- Corona Creek Elementary
- Grant Elementary
- Live Oak Charter School
- Loma Vista Immersion Academy
- McDowell Elementary
- McNear Elementary
- Meadow Elementary
- The Spring Hill School

2023 Participant

- Miwok
- Mary Collins at Cherry Valley
- McKinley/PACS
- Petaluma Junior High
- Valley Vista

Have Not participated yet

- Casa Grande
- Kenilworth
- La Tercera
- Petaluma High
- River Montessori
- Sonoma Mountain

WANT TO ORGANIZE A BIKE TRAIN? TALK TO US!



FAMILY BIKE WORKSHOP

FREE!



IN PERSON!



Lucchesi Park

SATURDAY, JUNE 22ND

10am–12:30pm

Pre-Registration Required

www.bikesonoma.org/family-bike-workshops

FREE
HELMETS!